Add-on Tests :

Full Abdominal Ultrasound	RM 155	Breast Ultrasound	RM 125
Treadmill ECG Stress Test	RM 280	160-Slice CT Calcium Score	RM 505
Spirometry	RM 50	Gastroscopy	RM 450
Pap Smear	RM 45	Colonoscopy	RM 810
PSA (Prostate-Specific Antigen)	RM 55	Dental (Scaling & Polishing)	RM 80
Mammogram	RM 155		

What Do I Need To Prepare ?

- It is recommended for patient to fast at least 10 hours prior to the health screening. Sips of plain water may be consumed if thirsty.
- All routine medication (except anti-hypertensive drugs) should be postponed until your blood sample is taken.
- For patient whom has decided to take the Stress Test, please put on a comfortable outfit and a pair of walking shoes.
- Ladies who are going for mammogram are advised to avoid using deodorant and talcum powder.

What Do I Need To Bring Along ?

- Morning medication (that you can take after completing the tests), especially for diabetic patients.
- Personal ID card or passport.
- If you are covered by employer medical benefits, please bring the authorization letter.
- Glasses for your vision test.

For Appointments & Enquiries
Please Call Us at
+ 606 315 8940

OPENING HOURS

Monday - Friday	7.30am - 5.00pm
Saturday	7.30am - 1.00pm
Sunday & Public Holiday	Closed

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Oriental Melaka Straits Medical Centre
东方医院

Wholeheartedly We C.A.R.E. & Love

Wellness Centre

Caring for your Well-Being

Wholehe♥rtedly, We C.A.R.E. & Love

Wellness Centre Packages

*At **OMSMC**, we are passionate about your health and well-being. We wholeheartedly commit to meet your needs and helping you to attain better health. Our centre provides comprehensive and affortable health screening services with a warm and private environment, where we believe everyone deserves utmost comfort while in **OMSMC**. A detailed report of your screening shall be given to you on the same day.*
*Our **L.O.V.E.** packages are designed to tailor to each different category of individuals depending on their needs :*

OMSMC WELLNESS EXAMINATION		LIFESTYLE	OPTIMAL		VITALITY		ENRICH	
		WOMAN / MAN	WOMAN	MAN	WOMAN	MAN	WOMAN	MAN
PRE- EXAMINATION MEDICAL CONSULTATION								
Review of Family, Medical History and Social Habits		♥	♥	♥	♥	♥	♥	♥
COMPREHENSIVE PHYSICAL EXAMINATION AND BODY MEASUREMENT								
Physical Examination	*Ear Nose Throat, Oral Cavity, Thyroid, Nervous System, Cardiovascular, Gastrointestinal, Respiratory, Musculoskeletal, Breast and Gynaecology*	♥	♥	♥	♥	♥	♥	♥
Body Measurement	*Height, Weight, Body Mass Index (BMI), Blood Pressure, Heart Rate, Temperature, Visual Acuity and Color Vision*	♥	♥	♥	♥	♥	♥	♥
COMPREHENSIVE LAB INVESTIGATION								
Blood Group	*ABO Typing, Rh-D Typing*	♥	♥	♥	♥	♥	♥	♥
Full Blood Count	*WBC with Differential Count, RBC, Haemoglobin, HCT/PCV, MCV, MCH, MCHC, Platelet Count*	♥	♥	♥	♥	♥	♥	♥
Diabetes Screen	*Fasting Glucose*	♥	♥	♥	♥	♥	♥	♥
Lipid Profile	*Total Cholesterol, Triglyceride, HDL-Cholesterol, LDL-Cholesterol, Total Cholesterol/HDL Cholesterol Ratio*	♥	♥	♥	♥	♥	♥	♥
Renal Function Test	*Uric acid, Creatinine, Urea, eGFR, Sodium, Potassium, Chloride, Calcium, Phosphate*	♥	♥	♥	♥	♥	♥	♥
Liver Function Test	*Total Protein, Albumin, Globulin, A/G Ratio, AST, ALT, Gamma-GT, ALP, Total Bilirubin*	♥	♥	♥	♥	♥	♥	♥
Thyroid Function Test	*Thyroid Stimulating Hormone (TSH), Free Thyroxine (Free T4)*	♥	♥	♥	♥	♥	♥	♥
Hepatitis Screen	*Hepatitis B: HBsAg, Anti-HBs*	♥	♥	♥	♥	♥	♥	♥
	Hepatitis C: Anti-HCV				♥	♥	♥	♥
Tumour Marker Studies	*Alpha Fetoprotein (AFP) - commonly used to detect Liver Cancer*	♥	♥	♥	♥	♥	♥	♥
	Carcinoembryonic Antigen (CEA) - commonly used to detect Colorectal Cancer	♥	♥	♥	♥	♥	♥	♥
	Cancer Antigen 19-9 (CA19-9) - commonly used to detect Pancreatic Cancer		♥	♥	♥	♥	♥	♥
	Cancer Antigen 125 (CA125) - commonly used to detect Ovarian Cancer		♥		♥		♥	
	Cancer Antigen 15-3 (CA15-3) - commonly used to detect Breast Cancer		♥		♥		♥	
	Prostate Specific Antigen (PSA) - commonly used to detect Prostate Cancer			♥		♥		♥
Heart Function Test	*High Sensitivity CRP (hs-CRP)*				♥	♥	♥	♥
Urinalysis	*Urine FEME*	♥	♥	♥	♥	♥	♥	♥
	Urine Microalbumin				♥	♥	♥	♥
FUNCTIONAL EXAMINATION								
Eye Examination	*Fundus Photography*				♥	♥	♥	♥
Lung Examination	*Spirometry (Lung Function Test)*		♥	♥	♥	♥	♥	♥
	Chest X-Ray	♥	♥	♥	♥	♥	♥	♥
Heart Examination	*Resting ECG*	♥	♥	♥	♥	♥	♥	♥
	Treadmill ECG Stress Test			♥	♥	♥	♥	♥
	160-Slice CT Calcium Score				♥	♥		
Abdominal Examination	*Abdominal and Pelvic Ultrasound*		♥		♥	♥	♥	♥
Gynaecological Examination	*Pap Smear*		♥		♥		♥	
	Mammogram or Breast Ultrasound (Based on the Age and Clinical Indication)		♥		♥		♥	
Gastrointestinal Examination	*Gastroscopy*						♥	♥
	Colonoscopy						♥	♥
PROFESSIONAL POST-EXAMINATION CONSULTATION								
Detailed Report's Review and Consultation		♥	♥	♥	♥	♥	♥	♥
Diet Counselling			♥	♥	♥	♥	♥	♥
Physiotherapist Counselling			♥	♥	♥	♥	♥	♥
LIGHT REFRESHMENT		♥	♥	♥	♥	♥	♥	♥
PACKAGE PRICE (RM)	**Prices are subject to change without prior notice*	**288**	**788**	**788**	**1288**	**1288**	**2188**	**2188**

***Note:** An additional RM50 will be charged for the take home medications that prescribed by doctor for the purpose of the next day's Colonoscopy.*